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Constantine Builders Announces Opening of New Surgical Building

By Roberta Greenwood Contributing Writer Washington Healthcare News

Successfully utilizing their "team construction" approach, Constantine Builders Inc (CBI) announced the recent opening of a state-of-the-art Oral Maxillofacial Surgical Building located at 230 15th Ave, Mount Vernon, WA. The two story facility, which sits directly across the street from Skagit Hospital, is an outpatient surgical center and houses the practice of Dr. Ashoka Subedar. Dr. Subedar also has another facility which he practices out of Bellingham.

Joining with partners Carletti Architects P.S. (Shell & Core Designer) and Officewraps (Interior Designer), CBI completed the project from ground breaking to building occupancy in twenty-three weeks. "The main reason that we've been as successful in completing projects like this is our adherence to our company 'Core Values'", explains CBI owner O.

George Constantine. "We strive to provide value to all members of our team, while protecting the owner's best interests. Our goal is to deliver projects that exceed our client's expectations at a competitive cost."

With more than twenty years of construction experience in the Pacific Northwest, CBI Inc specializes in building healthcare facilities. Past projects include ASC, Dental, Specialty Clinic, Out Care Center and Medical Office Buildings, each designed to deliver the most effective projects to its clients. Conducting a comprehensive preconstruction and value engineering process for the project insured that all possible savings were max-

invested in the project," Constantine adds.

Noting its ability to establish relationships built on trust and quality craftsmanship, CBI strives to build a team atmosphere with not only clients but design partners as well. These partnerships resulted in a building that is striking yet completely functional. "The intent of the Oral Maxillofacial Surgery Building was to create an innovative building with a very clean industrial modern look," explains Peter Carletti, of Carletti Architects. "The metal wall panel seaming was aligned with the windows

to create a rhythm of modulation on the exterior facade. The project also features "green" elements such as a living roof with patio area, solar sunshades and building overhangs on the west facing façade to control solar gain and lighting into the facility."

Designed to be a highly energy efficient building, the facility utilizes a Mitubishi City-Multi variable refrigerant

flow zoning system that recovers wasted heat from the outside and wasted heat from the inside



Oral Maxillofacial Surgical Building, Mount Vernon, WA

imized before breaking ground. "We examine all opportunities to deliver more value for every dollar

from the use of lights and computers which serves both levels of the building. Poured in place concrete walls, architectural metal wall panels, and aluminum insulated wall panels not only increase the energy efficiency of the building but also the ability to deliver a cost-effective project, explains Constantine. "We understand the important role for timely and accurate estimating and the selection of appropriate materials and systems." Information must be clearly com-

municated to all partners in a project," he concludes. "It's the way we continue to build with integrity and deliver the projects that our clients expect."

Due to the effective design and development of this project, patients requiring treatment for exodontia, management of infections, cysts, benign neoplasm, facial fractures, pre and postoperative care and other oral and maxillofacial surgical conditions are now able to receive care at the recently completed fa-

cility. Offering operating rooms, a recovery area and supporting facilities and equipment, the Oral Maxillofacial Surgery Building provides the highest level of wellness and recovery options for patients in the Mt. Vernon area.

To learn more about Constantine Builders, visit their web site at www.constantinebuilders.com, call 206-957-4400 or email georgec@constantinebuilders.com.

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